

### **Home Care Instructions – Root Canal Therapy**

These instructions are meant to help answer any questions you may have after treatment is over. They are not meant to guarantee prevention of complications or pain after treatment. These are general guidelines that should be closely adhered to unless otherwise notified by your doctor.

1. Pain and soreness can be normal following Root Canal Therapy. Recommended medications are Tylenol and Ibuprofen. In the rare case that these medications are not alleviating ANY of the pain call our office for an evaluation.
2. It is VERY important to be careful when chewing on anything on the tooth that has been treated with Root Canal Therapy. Once root canal treatment has been started the tooth is more prone to fracturing until after the final crown has been placed.
3. Numbness can last anywhere from 2-4 hours after Root Canal Therapy. Please be very careful when eating anything during this time as you may injure you lip, tongue, cheek, gums, or teeth.
4. If there is a temporary filling and it falls out, call our office to get it replaced.
5. Antibiotics are not usually prescribed after Root Canal Therapy unless otherwise specifically recommended by your doctor.
6. Brush your teeth as normal.

Feel free to call with any questions or concerns. A member of our team would be more than happy to address your needs. **PHONE #: 314-638-2121**