

Home Care Instructions – Complete Dentures and Partial

These instructions are meant to help answer any questions you may have after treatment is over. They are not meant to guarantee prevention of complications or pain after treatment. These are general guidelines that should be closely adhered to unless otherwise notified by your doctor.

1. It is VERY important to clean your prosthesis just like you would clean your natural teeth. An approved denture or partial cleanser that can be found at any pharmacy is recommended to clean your new prosthesis. A denture brush can be used on the inside of the denture, but use only a soft toothbrush for the outside (this will help preserve the polish and prevent scratches to the denture's outer surface). Do NOT boil your prosthesis or put it in the dishwasher!!!
2. Wear your denture as much as possible so you can get used to the fit, feel, and function of your new prosthesis. However, it is ESSENTIAL to take your denture out EVERY night.
3. It is inevitable that "sore spots" will develop from denture wear, when they do contact our office for an adjustment. DO NOT try to adjust these areas yourself as you can permanently damage your prosthesis.
4. Eating and speaking with dentures and partials will be different than eating and speaking with natural teeth. It is recommended that you start with soft foods first to "learn" how to effectively chew with your new prosthesis. As you become more comfortable, move on to different types of foods. Speech patterns can be affected by your new prosthesis as well. If this is the case, we recommend reading a newspaper, magazine, or internet article out loud to yourself to help retrain your tongue, cheeks, and jaw muscles to accommodate the new prosthesis. Usually, patients will adapt to their new prosthesis in a timely manner.
5. It is EXTREMELY important to brush and floss any remaining teeth to maintain their health. There are certain key teeth in your mouth that support your new prosthesis and if you were to lose anyone of them, you could lose your new partial.

Feel free to call with any questions or concerns. A member of our team would be more than happy to address your needs. **PHONE #: 314-638-2121**